

Runnymede Lunch Menu Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Grilled Pork Sausage	Beef Bolognese Fusilli Bake	Lamb Burger Lyonnaise	Cottage Pie	Breaded Fish Fingers
Vegetarian	Vegetable Casserole and Yorkshire Pudding	Quorn and Vegetable Stir Fry	Cheese Onion And Basil Quiche	Jamaican Vegetable Pattie and Chilli Dip	Spinach and Red Onion Pitta Bread Pizza
Sandwich Offer	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese
Carbohydrate	Creamed Potato	Garlic Bread	Potato Wedges	French Bread Braised Rice	Chips
Vegetables	Sliced Carrots	Sweetcorn	Garden Peas	Green Cabbage	Baked Beans
Dessert	Sunshine Rice Pudding Jam Sauce Yogurt Bar Fresh Fruit	Flapjack and Custard Yogurt Bar Fresh Fruit	Baked Syrup Sponge and Custard Yogurt Bar Fresh Fruit	Apple Crumble and Custard Yogurt Bar Fresh Fruit	Chocolate Muffin Yogurt Bar Fresh Fruit



Runnymede Lunch Menu Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Pork, Pineapple Stir Fry	Beef Madras	Spaghetti Bolognese	Roast Chicken Thigh	Cod Goujons
Vegetarian	Cheese and Tomato Pasta Bake	Junior Spanish Omelette	Bean and Vegetable Loaf	Ciabatta Cheese and Tomato Pizza	Caribbean Vegetable Curry
Sandwich Offer	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese
Carbohydrate	Braised Rice Or Garlic bread	Boiled Rice Or Saute Potatoes	Garlic Bread Or Croquette Potatoes	Roasted Potatoes	Chips Or Boiled Rice
Vegetables	Baton Carrots Mixed Salad	Sweetcorn Mixed Salad	Broccoli Mixed Salad	Farmhouse Vegetables Spaghetti Hoops Mixed Salad	Peas Mixed Salad
Dessert	Chocolate Mousse Yoghurt Bar Fresh Fruit	Apple Pie with Custard Yoghurt Bar Fresh Fruit	Strawberry Smoothie Yoghurt Bar Fresh Fruit	Chocolate Sponge Choc Sauce Yoghurt Bar Fresh Fruit	Marbled Sponge Custard Sauce Yoghurt Bar Fresh Fruit



Runnymede Lunch Menu Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Shepherds Pie	Casseroled Lamb and Yorkshire Pudding	Homemade Beef Burger	Italian Meat Balls	Fish Finger
Vegetarian	Quorn Sausage Casserole	Roasted Vegetable Lasagne	Macaroni Bake	Vegetable Korma	Cheese And Tomato Quiche
Sandwich Offer	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese	Ham Turkey Tuna Cheese
Carbohydrate	Spicy Jacket Wedges	Baby Boiled Potatoes or Garlic Bread	Croquette Potatoes	Bolied Rice Hash Browns	Oven Baked Chips
Vegetables	Sweetcorn Mixed Salad	Spring Greens Mixed Salad	Garden Peas Mixed Salad	Broccoli Mixed Salad	Baked Beans Mixed Salad
Dessert	Baked Fruit Sponge with Custard Yoghurt Bar Fresh Fruit	Chocolate Chip Pudding and Custard Sauce Yoghurt Bar Fresh Fruit	Raspberry Ripple Mousse Yoghurt Bar Fresh Fruit	Cherry Crumble with Custard Yoghurt Bar Fresh Fruit	Jam Tart and Custard Yoghurt Bar Fresh Fruit

